

School-based Learning Activity of Chinese Culture

Yan Chai Hospital Wing Lung Kindergarten / Child Care Centre

School Name

2024-2025

Academic Year

Entire School

Class

Activity Name

Dragon Boat Festival Experience

Activity Objectives

- Deepened children's understanding of traditional Chinese festivals and related history
- Introduced customs of the Dragon Boat Festival
- Helped children grasp the symbolic meaning behind festive foods

Activity Overview

On the fifth day of the lunar fifth month, the school celebrated the Dragon Boat Festival to help children learn about traditional Chinese culture from a young age. Teachers shared the origin story of the festival and its connection to rice dumplings (zongzi) during morning circle time. During snack time, children explored the texture and taste of zongzi using their five senses.

Later, the children transformed into little dragon boat paddlers, participating in rowing activities to experience the joy of this festive tradition. Through storytelling, sensory exploration, and playful movement, the children gained deeper appreciation for the customs and cultural roots of the Dragon Boat Festival.

Activity Records (e.g., children's works, photos of the activity, videos)

